

I Am Not My Own

Heidelberg Catechism Q&A #1

Words and Music by
Alex Trygstad

Meditatively (♩ = 80)

Chorus

B♭⁵ B♭⁵ B♭⁵ B♭ E♭/B♭

I am not my_ own, I'm yours and yours a -

6 B♭ B♭⁵ B♭ E♭(add2) F(add4) B♭

lone. I am not my_ own, I be-long to my Sav-ior Je - sus Christ

1. What
2. My
3. My
4. The

Verse

11 B♭ Gm⁷ E♭(add2) B♭

com - fort do I hold? What peace pre-serves my soul? In
debt is sat - is - fied for Je - sus bled and died. He
Fa - ther's gra - cious will can make my fears grow still. All
Spir - it from a - bove as - sures me of God's love and

13 E♭ E♭/F E♭/G Cm⁷ F

life or in my death, what brings me calm and rest?
has de - liv - ered me from Sa - tan's tyr - an - ny.
things must by his hand show forth his sav - ing plan.
strength-ens me with - in to live my life for him.

Chorus

15 B♭⁵ B♭ E♭/B♭ B♭

I am not my_ own, I'm yours and yours a - lone.

19 B♭⁵ B♭ E♭(add2) F(add4) B♭

I am not my_ own, I be-long to my Sav-ior Je - sus Christ

2. My
3. My
4. The