

I Am Not My Own (Heidelberg Catechism)

Words and Music by Alex Trygstad

Key - Bb Tempo - 80 Time - 4/4

Sequence - Ch, V1, Ch, V2, Ch, V3, Ch, V4, Ch, Ch

Intro - Bb5 Bb5

Chorus

Bb5

I am not my own,

Eb/Bb Bb

I'm yours and yours alone.

Bb5

I am not my own,

Eb2 Fsus Bb

I belong to my Savior Jesus Christ.

Verse 1

Bb Gm7

What comfort do I hold?

Eb2 Bb

What peace preserves my soul?

Eb Eb/G

In life or in my death,

Cm7 F

What brings me calm and rest?

Verse 3

Bb Gm7

My Father's gracious will

Eb2 Bb

Can make my fears grow still.

Eb EbG

All things must by his hand

Cm7 F

Show forth his saving plan.

Verse 2

Bb Gm7

My debt is satisfied

Eb2 Bb

For Jesus bled and died.

Eb Eb/G

He has delivered me

Cm7 F

From Satan's tyranny.

Verse 4

Bb Gm7

The Spirit from above

Eb2 Bb

Assures me of God's love

Eb Eb/G

And strengthens me within

Cm7 F

To live my life for him.